

個人資料表

一、基本資料

中文姓名	何艷如	英文姓名	Ho, Yen-Ju (Last Name) (First Name) (Middle Name)
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二、主要學歷

畢／肄業學校	國別	主修學門系所	學位
Virginia Commonwealth University	United States of America 美國	護理研究所	博士
國立陽明大學	臺灣	護理研究所	碩士
國立台北護理學院	臺灣	護理系	學士

三、現職及與專長相關之經歷

服務機關	服務部門／系所	職稱
中臺科技大學	護理系	助理教授
美和技術學院	護理系	講師
台北市立中興醫院	護理部	護理師

四、專長 請自行填寫與研究方向有關之學門名稱。

1. 量性研究	2. 量表發展	3. 婦女健康	產科護理學
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五、論文著述：

(A) 期刊論文

期 刊 論 文
Han, F. L., Ho, Y. J., & McGrath, J. M. (2023). The influence of breastfeeding attitudes on breastfeeding behavior of postpartum women and their spouses. <i>Helijon</i> , 9(3). https://doi.org/10.1016/j.heliyon.2023.e13987
謝保群、何艷如（2023）。產後婦女社會支持和母乳哺餵態度相關性探討。澄清醫護管理雜誌，19(1)，49-61。

林詩婷、鄧雅芳、何艷如（2022）。照顧一位罹患抗磷脂質症候群初產婦產下死胎之護理經驗。*嘉基護理*, 22(2), 68-75。

Wu, Y. H., Ho, Y. J., Han, J. P., & Chen, S. Y. (2018). The influence of breastfeeding self-efficacy and breastfeeding intention on breastfeeding behavior in postpartum women. *The Journal of Nursing*, 65(1), 42–50.

Ho, Y. J., & McGrath J. M. (2016). Effectiveness of a Breastfeeding Intervention on Knowledge and Attitudes Among High School Students in Taiwan. *Journal of Obstetric, Gynecologic, & Neonatal Nursing*, 45, 71-77.

Ho, Y. J., & Yu, C. C. (2014). Attitudes of high school and vocational school students toward breastfeeding in Taiwan. *Journal of Perinatal Education*, 23 (2), 89-95.

Ho, Y. J., & McGrath, J. M. (2011). Predicting Breastfeeding Duration related to Maternal Attitudes in a Taiwanese Sample of Postpartum Mothers. *Journal of Perinatal Education*, 20 (4), 188-199.

Ho, Y. J., & McGrath, J. M. (2011). A Chinese version of the Iowa Infant Feeding Attitudes Scale: Reliability and Validity Assessment. *International Journal of Nursing Studies*, 48 (4), 475-478.

Ho, Y. J., & McGrath, J. M. (2010). A review of the psychometric properties of breastfeeding assessment tools. *JOGNN: Journal of Obstetrical, Gynecological and Neonatal Nursing*, 39(4), 386-400.

(B) 研討會論文

研 討 會 論 文

Fu-Lien Han, Yen-Ju Ho*, Ya-Fang Teng, Shiang-Yi Tsai, Chiao-Ling Che, & Mei-Ling Lin (2020, May). Utilizing Multimedia to Improve the Effectiveness of Newborn Nursing Instruction. The 12th international academic conference, Taichung, Taiwan.

Ya-Fang Teng, Yen-Ju Ho*, Fu-Lien Han, Chiao-Ling Che, Shiang-Yi Tsai, & Mei-Ling Lin (2020, May). To Reduce Postpartum Perineal Discomfort Rate: Applying REEDA Scale. The 12th international academic conference, Taichung, Taiwan.

Chiao-Ling Chen, Shiang-Yi Tsai, Ya-Fang Teng, Fu-Lien Han, Yen-Ju Ho, & Mei-Ling Lin (2020, May). The Effect of Video-assisted Postoperative Education on Satisfaction of Patients undergoing Hemorrhoidectomy. The 12th international academic conference, Taichung, Taiwan.

Shiang-Yi Tsai, Chiao-Ling Che, Ya-Fang Teng, Fu-Lien Han, Mei-Ling Lin, & Yen-Ju Ho (2020, May). Utilizing Multimedia to decrease falling incidence in hospitalized patients. The 12th international academic conference, Taichung, Taiwan.

何艷如，謝保群（2016年9月）。產後婦女母乳哺餵態度及社會支持相關性之探討。產學合作暨校內補助案成果發表會。臺中市，臺灣：中臺科技大學。

何艷如（2016年9月）。大學護理系學生對母乳哺餵知識和態度之探討。產學合作暨校內補助案成果發表會。臺中市，臺灣：中臺科技大學。

林茵伶、何艷如（2015年9月）。產前憂鬱症相關因素之探討。2015年臺灣健康照護聯合學術研討會。臺中市，臺灣：臺灣健康照護學會。

Yo-Hsuan Wu, Yen-Ju Ho (2015, May). A study of effects on nursing guidance to improve the breastfeeding knowledge by adopting video. The 7th international academic conference, Taichung, Taiwan.

Yen-Ju Ho (2012, Jan). Attitudes and Knowledge of High School and Vocational School Students toward Breastfeeding in Taiwan. Global Conference on Nursing, Los Angeles, USA.

(C) 專書及專書論文